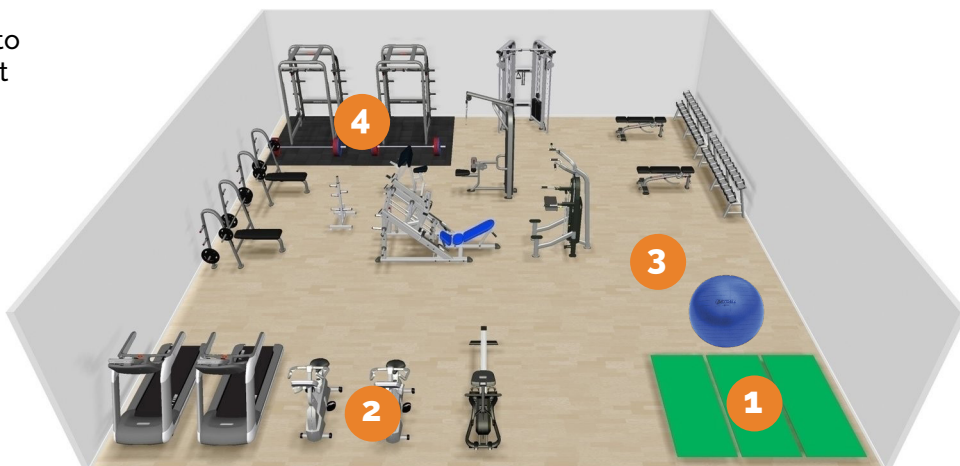


## LONG-TERM CARE

# REHABILITATION AREAS

The purpose of specialized rehabilitative services are available to allow each Long-Term Care Resident to "attain or maintain the highest practicable physical, mental, and psychosocial wellbeing".

Rehabilitation in the LTC setting will likely gain more attenuation as the resident population continues to grow.



# PARTNERS IN PROTECTION

## WIPE AWAY RISK

Ensure a plentiful supply of wipes for use in Rehabilitation areas. Using wipes is a straightforward way to reduce risk.



1

### Workout Mats

If there is an event in the gym, attendees should wipe their seating area prior to sitting down.



2

### Fitness Equipment

Residents and staff should be reminded to wipe down weight room equipment following use.



3

### Equipment

If possible, limit the use of shared sports equipment - including Stability balls, etc. If shared equipment is used, wipe following use.



4

### Responsibility

If the facility is not comfortable having Residents use wipes, assign a staff member to wipe all necessary items and surfaces.



## SOCIAL DISTANCING

The size of the Rehabilitation Area allows for physical activity while practicing recommended social distancing. Proper placement of floor and wall decals will help guide Residents. Block off fitness equipment to ensure spacing and work out areas in such a way as to avoid close contact. Consider staggered use of facilities.

## ANOTHER RESTROOM

- Treat rehabilitation restrooms as a general restroom. Service high-touch points multiple times a day.
- Assign staff who will be responsible for wiping key touch points following each session.
- High-touch points: toilet, urinal, & sink handles; hand dryer buttons; paper towel & hand soap dispensers.
- Residents may also play a role: wiping designated work out benches, lockers and shower implements.